

# AUDITORY SANDWICH

A Listening and Spoken Language Strategy

## WHAT is it?

The “*auditory sandwich*” is a variation of the auditory first strategy. We first tell, then show, then tell again.

### WHY do we use it?

Like auditory first, the *auditory sandwich* also starts with “telling” without visuals so children can focus on what they hear. After “showing” (by pointing or using gestures), we “tell” again to give them another chance to practice listening to the words.

### WHEN do we use it?

*Auditory sandwich* is often used with directions and when teaching new words or routines. You may find yourself using it more often when your children are younger and are learning many new words or need more support following directions.

## HOW do we do it?

### Tell

Give a direction using only words

### Wait

Count 7-10 seconds in your head, looking at them for a response

### Show

Point, make a gesture, or show the thing you are talking about

### Tell

Give the direction again using only words

**Who**  
can use it?

Anyone!

Parents, family members, teachers, and therapists can all use LSL strategies to support your child’s listening and spoken language development!

## WHAT does it look like at home?

**Parent:** \*without pointing or gesturing\* “It’s time to brush your teeth.”

\*pauses and counts 7-10 seconds in their head while looking toward the child for a response.\*

\*child looks around room\*

**Parent:** \*miming tooth brushing and guiding them to the bathroom\* “Let’s go brush your teeth.”

**Parent:** \*again without pointing or gesturing\* “We are going to brush your teeth.”

### References:

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