SIMON SAYS

LEARN TO LISTEN FOR DIRECTIONS

THINK ABOUT . . .

Children with hearing loss tend to rely on visual and tactile information before listening. Learning to listening can be a lot of work, as it takes time and practice to understand sound. During this activity you will use the LSL strategy "auditory first" to help your child focus on the words they heard while giving them a chance to process the meaning of what has been said.



ACTIVITY

- Choose an individual to represent "Simon". In this case, it would be a parent, caregiver, older sibling, grandparent, or family member. Whoever is chosen will stand as the leader of the game.
- Simon gives commands to the listener (child). The commands can be given in two different ways: beginning a command by saying, "Simon says..." or stating the command directly eliminating the words "Simon says".
- 3. Depending on which way the command is phrased, your child will either obey the command, or not.
- 4. Your child must listen closely to what the leader, Simon, commands them to do. If Simon gives a command by first stating "Simon says..." the listener must do what they heard. If Simon gives a command without first saying "Simon says..." the listener will not follow the prompt.
- 5. Try to only use your words as you are giving these prompts/directions. This will help your child learn to listen for the prompts and directions.

MATERIALS NEEDED:

• Simon Says Prompts

PREPARATION:

1- Suggested commands or make up your own.

VOCABULARY:

- Sit
- Turn around
- Wiggle
- Jump
- Hop
- Roll
- March
- Twist
- Shake
- Snap
- Clap
- Wave
- Walk
- Balance

- Leg
- Finger
- Foot
- Toes
- Hands
- Ears
- Knee
- EyesElbow
- Mouth
- Hips
- Nose
- Head

HELPFUL TIPS:

- When working on following simple directions, start with one-step directions (Simon Says touch your nose), then increase the level of difficulty by having your child listen for and do 2-3 things (Simon Says touch your nose then wiggle your fingers).
- Remember to try not to point to the body parts or hint to the movements you've added to the prompt. This includes facial cues or body gestures.
- Play this game while in the car, eating breakfast, getting ready for the day, or to get wiggles out!

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SIMON SAYS

Play a game of Simon Says with the following instructions:

Sit down Cover your eyes

Turn around Hands on your shoulders

Wiggle your fingers Touch your elbow

Jump up and down Stomp your feet

Hop on one foot Snap your fingers

Touch your toes Wave your hand

Pat your head Touch your mouth

Clap your hands Smile

Raise both hands in the air Flap your arms

Touch your ears Close your eyes

Stick out your tongue Thumbs up

Stand on your toes Put your hands on your hips

Roll on the floor Run in place

March in place Touch your nose

Wiggle your nose Walk in place

Twist your body Shake your body

Bend your knees Balance on one leg

Shake your head and stomach