# STICK IT



## Can you listen closely and win the most stickers?

#### THINK ABOUT . . .

Your child is learning to listen to new sounds and needs plenty of time to think about the information he or she is hearing. This extra time can often be mistaken for a child not paying attention or misunderstanding. When parents remember to use the strategy of "wait time", it gives your child time to listen to and think about what you are saying before having to respond. Remind other members of the family to do the same!



### **ACTIVITY**

- 1- Explain that you are going to play a game where your child has to listen very carefully to your voice.
- 2- Say a body part and list a specific sticker. For example, "Stick the RED sticker on your NOSE."
- 3- Now wait! This is the hard part as it may feel awkward but it is so important to develop listening skills. If after 10 seconds of wait time your child needs the direction repeated, go ahead and repeat the prompt.
- 4- If your child does not respond with the correct action, go ahead and model the correct response. Everything should remain positive and fun!
- 5- Once your child has put the sticker on their nose, celebrate!
- 6- You can either keep giving directions or take turns and allow your child to tell you where to place a sticker.
- 7- Keep playing until all the stickers are gone.
- 8- A fun adaption of this is to blow bubbles and instruct the player to pop the bubble with a certain body part.

#### **MATERIALS NEEDED:**

Variety of colored stickers

## Optional:

Bubbles

#### **PREPARATION**

Pull out stickers or bubbles and make sure you are in a place with lots of room to wiggle and move.

#### **VOCABULARY:**

- Head
- Ear
- Nose
- Shoulder
- Elbow
- Arm
- Stomach
- Back
- Leg
- Foot
- Toe
- Neck
- Fingers

#### **HELPFUL TIPS**

- If your child needs a more of a challenge, add in some more difficult instructions. Examples include "Place a sticker on your chin **and** on your hand." Or "Place a *blue* sticker on your ear **and** a *green* sticker on your cheek."
- If your child needs a simpler challenge, don't specify a color, just a sticker placement. For example, "Put a sticker on your foot."

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