

# PETE THE CAT AND HIS FOUR GROOVY BUTTONS



Pete doesn't cry!!! Use this fun story by Eric Litwin to talk about emotions with your child.

## THINK ABOUT...

So much of what we learn about our social environment is learned through listening to others and reacting. However, children with hearing loss may miss out on key parts of a conversation. For example, the punch line in a funny story or the subtle change in voice tone that indicates sarcasm or a light-hearted joke. Because of this, sometimes children with hearing loss may feel isolated or frustrated. Children's books can be an effective way of helping to discuss emotions and appropriate responses. Use this activity to let Pete help you talk to your child about how to deal with frustration.



## ACTIVITY

- 1- After talking about different times when we feel frustrated, explain that Pete loves his buttons. We are going to read all about them.
- 2- Read the story together. This is also a great time to practice the auditory first strategy. To use this, before you show your child the picture of each book, talk about what you see on the pages. Get excited about what you see and use lots of rich language to describe the illustrations. Then show your child the page and read the words together. This will help your child learn to listen for the language.
- 3- After you have read through the book, talk about what Pete did when he lost his buttons. Did he cry or get upset? How else could he have reacted? What are some things we can do when we are sad and frustrated?
- 4- Use this opportunity to teach your child what you expect as a family. Don't forget, it's okay to be frustrated! But, we can be like Pete because there are ways we can talk about those frustrations and feel better. This will also reinforce self-advocacy skills.

## MATERIALS NEEDED:

- Pete the Cat and His Four Groovy Buttons, by Eric Litwin

## PREPARATION

- 1- Help your child think of a time when he or she felt sad or mad. Talk about how sometimes, people feel frustrated or angry for different reasons. Together, you are going to read a story about Pete losing something he loves.

## VOCABULARY/ LANGUAGE:

- Frustrated
- Sad
- Mad
- Angry
- Upset
- Cry
- Happy
- "stuff will come and stuff will go"

## HELPFUL TIPS

- There are many ways to use story books to increase language and reinforce concepts. Be sure to look at the other literacy activities to find ideas that will squeeze the most out of every reading time.

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