

Bed and Bath Songs



Use these simple and fun songs to promote listening, language, and vocabulary.

THINK ABOUT...

Young children can gain language and vocabulary growth through interactions with their daily routines and what better way to increase the benefit and enjoyment of these routines than by adding music! Because children with hearing loss are at risk for delays in their language and vocabulary development, in addition to being exposed to spoken language, it is also valuable for children to hear the complexities of music. Parents and family members can help promote listening opportunities to emphasize vocabulary and language growth during meaningful daily activities, while also adding the fun and important elements of music.



MATERIALS NEEDED:

- Song Lyrics PDF

PREPARATION

- 1- Read through the song lyrics until you are comfortable with the tune and style

Song Directions

As part of your nightly routine, include some of the songs outlined in the Lyric PDF.

Using the familiar tune "Are you Sleeping/ Frère Jacques" you can reinforce almost any words or phrases in which you want your child to become familiar. The lyrics below might help you get ideas for ways to use this tune to teach words and phrases in your everyday routines. Substitute any of the terms as needed to be relevant to your family.

Repetition is key. Use these songs daily and often. As your child becomes familiar with your songs, he/she can join in. A fun way to help your child say words you have been singing is auditory closure. This means pausing at a familiar word in a song and letting your child fill in the blank with their voice. Practice your wait time!!

Example: "Brush your teeth, brush your teeth, by the sink, by the sink! Our teeth are clean, our teeth are clean, brush your teeth, brush your . . . _____" (pause and wait!) If your child comes up with the word 'teeth', repeat it again to affirm it was correct: "Teeth! You said teeth!" If your child does not produce the desired word, you can fill it in for him/her and just continue with the song. Be creative - you can do this for any phrase or words in the suggested songs below.

VOCABULARY:

- Yours/ Mine
- He/She
- I/ You
- Body parts (arm, toes, leg, head, hair, eyes, nose, teeth, etc.)
- Bedtime vocabulary (sleepy, tired, snoring, jammies, blanket, etc)
- Bathtime vocabulary (scrubbing, soap, clean, bubbles, etc).
- Be Creative! Expose your child to all kinds of words and phrases – even silly ones unique to your family!

HELPFUL TIPS

- Make this a family activity by encouraging siblings to sing along.
- To help your child avoid confusing pronouns, be sure to point to who you are singing about as you go. This will help your child associate the correct pronoun to the correct person.

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Utah State University, Department of Communicative Disorders and Deaf Education



SONG LYRICS:

Bed Time:

(Name) is sleepy, (Name) is sleepy,
Go to bed. Go to bed.
(He/she) is sleepy, (He/she) is sleepy,
Go to bed. Go to bed.

*Substitute your child's name in the correct space.

Bed Time:

(Name) is ready, (Name) is ready,
For some sleep, for some sleep,
(Name) is tired, (Name) is tired,
Get in bed, get in bed.

Bed Time:

Dad is snoring, Dad is snoring
Cover your ears, cover your ears
We'll tell Mom, we'll tell Mom.
Shhhh, let's sleep. Shhh, let's sleep.
HONK SHHHHHH.

Bath Time:

I am scrubbing, I am scrubbing
(Name's) (body part), Jared's arm,
Your arm is clean, your arm is clean,
We love baths! We love baths!

*substitute body parts as you wash

Bath Time:

(Name) is dirty, (Name) is dirty,
Let's clean up! Let's clean up!
Scrub with soap, scrub with soap,
You are clean, you are clean!

Bath Time:

I see bubbles, I see bubbles,
Over here, over here,
(Name) popped a bubble, (Name) popped a bubble
Now it's gone, now it's gone.

Getting Ready for Bed:

"Brush your teeth, brush your teeth,
By the sink, by the sink!
Our teeth are clean, our teeth are clean,
Brush your teeth. Brush your teeth.

Getting Ready for Bed:

Where's your jammies?
Where's your jammies?
In the drawer, in the drawer,
(Name) put on your jammies,
(Name) put on your jammies
Now we sleep. Now we sleep.

Getting Ready for Bed:

Where's (Name's) pillow?
Where's (Name's) pillow?
Mom has it! She has it!
Give me back my pillow,
Give me back my pillow.
Here you go, here you go.

